



SPA TREATMENTS

THE SPA AT THE CRESCENT



SPA HOURS

TREATMENT AREA

Monday - Thursday . 9 a.m. – 9 p.m.
Friday 8 a.m. – 8 p.m.
Saturday 8 a.m. – 7 p.m.
Sunday 8 a.m. – 6 p.m.

FITNESS AREAS

Monday - Thursday . 5:30 a.m. – 9 p.m.
Friday 5:30 a.m. – 8 p.m.
Saturday 8 a.m. – 7 p.m.
Sunday 8 a.m. – 6 p.m.

THE SPA CAFÉ

Monday - Friday . . 6 a.m. – 7 p.m.
Saturday 8 a.m. – 6 p.m.
Sunday 8:30 a.m. – 6 p.m.

Spa gift certificates are available. Please call 214.871.3232 or visit online at www.rosewoodcrescent.com. Memberships are not required for spa services, but are available. If you are interested in membership, please call 214.953.4387.

CANCELLATION POLICY

We request the courtesy of 24-hour notice in the event a service appointment needs to be cancelled. A 100% no-show fee will apply in the event advance cancellation notice is not given. Appointments booked same day of the service will be assessed a no-show fee should cancellation become necessary. A credit card is required to hold all appointments.

We will provide your spa wardrobe including a robe and slippers for all spa treatments.

Day-use lockers are provided for your personal belongings. We regret, however, that we cannot be responsible for loss or damage to personal items.

For your convenience, an 18% gratuity will be added to the cost of your treatment. Please feel free to make any adjustment to this amount based on your experience.

THE SPA AT THE CRESCENT

Within its quietly opulent 23,000-square-foot facility, The Spa at The Crescent offers unique and beautiful treatments inspired by traditional European spas as well as exotic services inspired by Eastern cultures. Services for men and women are available in an atmosphere that is comfortable and inviting, encouraging guests to stay and enjoy uninterrupted relaxation before, during and after scheduled spa services.

Situated within Rosewood Crescent Hotel, The Spa spares no detail in providing a proven regimen for a total spa experience. Guests enjoy a meticulously maintained locker room with amenities, including plush towels, personal grooming supplies and an attentive team to host you throughout your visit. To further refine and reward, rejuvenating facials, luxurious baths, massages, manicures and pedicures complete the personal health regimen. Spa fare is available in The Spa Café featuring items from local farmers, a juice bar and smoothies to complement a full menu to satisfy all guests.

Gift Certificates are available, as well as an assortment of gifts sure to appeal to all gift givers and recipients. The boutique features unique and exclusive product lines from around the world, many of which are utilized in our spa services.

We hope you will join us for some tranquility and peace of mind.

ESSENTIAL SKIN CARE

Everyone's skin is different and an expert consultation at the beginning of your facial allows your esthetician to ensure the best product selection and treatment choices for your skin type. All facials include aromatherapy, massage of the face, neck, décolleté and hands and personalized product selection. 80-minute and two-hour facials include a deep tissue facial massage.

CRESCENT SIGNATURE FACIAL

50 mins., \$125

For clean skin and a radiant complexion, the signature facial revitalizes skin and restores its tone and vitality in a balancing atmosphere of essential oils, anti-oxidants and great skin care. Your face will be hydrated, purified and deep cleansed.

*ADVANCED CARE FACIAL

50/80 mins., \$155/\$210

Designed especially to address your needs, this facial can be tailored for sun-damaged skin, fine wrinkles, oily problematic skin, acne or sensitive skin. Enjoy our signature facial experience plus professional-grade masks to firm, resurface, purify, brighten or repair any skin type. The facial features active ingredients including alpha or beta hydroxyl peel, Vitamin C or enzyme peel, lactic acid with powerful vitamin anti-oxidants, firming masks or sonic deep cleansing.

*ULTIMATE SKIN CARE

50/80 mins., \$185/\$255

Lift, tighten, hydrate and protect your skin using concentrated professional strength products for dramatic anti-aging results. You and your esthetician will select from topical peels followed by a mask or micro current technology including a firming eye mask for incredible results. Utilizing our most potent anti-aging treatments, we will reduce mind and body tension as well as brighten your overall skin tone, leaving your skin feeling firm, youthful and radiant!

*ROSEWOOD COMPLETE FACIAL

80/110 mins., \$325/\$400

This is our ultimate facial taken to the next level for those serious about preventive and restorative skin care. Our complete selection of advanced professional peels, facial technology, and anti-aging masks are put to work, as well as toning neck and eye treatments with a firming facial massage. Stress relief and relaxation are the best paths to a radiant look, so you will enjoy aromatherapy and massage with shea butter mask for your hands and feet.

FRESH FACIAL

25 mins., \$65

Get fresh in a few minutes. This facial treatment begins with sonic deep-cleansing technology followed by an infusion of the skin with select facial products that replenish the skin's nutrients and restores tone and color for a vibrant, refreshed look.

Services that have a * require a full intake and release form completed and signed before the service.

Please arrive early so completion does not take away from your service time.

Prices and services are subject to change. An 18% gratuity will be added to all treatments.

ESSENTIAL SKIN CARE

When our estheticians provide a consultation to ensure the perfect facial is selected for your needs, these are some of the facials and technologies available:

Aromatherapy	Double Mask Hot Peel*	Microdermabrasion *
Age-Defying	Enzyme Peel *	Oxygen Treatment
Anti-Oxidants	Galvanic	Purifying Acne *
AHA and BHA	Hyper Pigmentation *	Purifying Clay Mask
Topical Peels	Lifting/Toning *	Skin Brightening *
Collagen*	Micro Current	Wet Mask Hydration

SKIN BOOSTERS

FROM \$25

The Spa offers specialized services that can be added to your facial to heal and beautify your look. Your goals and personal skin analysis will aid your esthetician in recommending specialized treatments to boost your results.

Eye-Treatment	Neck and Décolleté Firming	Neck and Décolleté
Eye-Mask	Eye-Lifting	Brightening

BACK TO BACK 50/80 mins., \$155/\$210
A professional strength pore treatment to address oily or acnaic skin. This treatment will deep cleanse congested areas on your back and includes exfoliation, extraction, a purifying mask, a light back massage and hydration.

***WAXING** \$15-\$105
Our licensed estheticians choose waxing as the most effective form of hair removal. From brows to Brazilians, fast, efficient and comfortable techniques deliver clear results. (Waxing is performed best on two-weeks growth and cannot be done when using Retin-A, Renova, Differin, Accutane, acne medications and certain antibiotics.)

BROW RAISER EYE LIFT 25 mins., \$70
More than just a brow wax, more than an average eye treatment. Begin with sonic cleansing of the eye area. Detailed brow shaping is complemented with micro current facial toning to lift the brow line and eye area, accenting the shape of your eyes for a more youthful look.

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ESSENTIAL BEAUTY

The Spa offers specialized services that can heal and beautify your look.

TANNING TREATMENTS

Tanning is best done a day or two prior to an event. On the first day the tanning product is used, the tan darkens over time and will leave the skin dark after several hours. Once showered, the skin will have a naturally even and radiant tan. The tan lasts for a week or more if home maintenance is followed. Do not plan to shower or swim for at least eight hours after the treatment. We also recommend you wear dark clothing when you have a tanning application.

SUN SPA 50 mins., \$125
Body scrub exfoliation and tan

SUN TAN 25 mins., \$60
Best for follow-up tans, this is a quick out-the-door to maintain your tan.
Come showered and do not wear any lotions, deodorants or fragrance.

MINERAL MAKEUP

Create a fresh, flawless look using natural, nourishing mineral makeup. It looks like makeup and acts like skin care! Enhancing natural beauty and promoting a clear complexion, our mineral makeup is free of parabens, anti-inflammatory, waterproof and a natural defense against harmful rays of the sun. Enjoy 10% off all makeup purchased on the day of your makeup service.

LESSON 90 mins., \$85
Learn to maximize your features, choose the right colors and create your signature look. This makeup lesson will review each aspect of a makeup application including shading, highlighting and choosing the perfect colors for you!

SPECIAL OCCASIONS FULL MAKEUP 50 mins., \$65
Look flawless for special occasions. When the camera is focused on you, our makeup artist will have you picture perfect.

MINERAL FINISH 25 mins., \$35
Mineral dusting with lips, cheeks and eyes for a finished look.

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SENSE OF TOUCH

Services for Hands and Feet

CRESCENT SIGNATURE MANICURE 25 mins., \$35
Meticulous grooming, hydrating massage and your choice of polish color (French add \$10).

ROSEWOOD SPA MANICURE 50 mins., \$50
Enjoy perfectly groomed nails, a relaxing massage and an all-natural mask that works with heat to penetrate deep into the skin to renew, soften and protect your hands. Finish with your choice of color or French polish.

CRESCENT SIGNATURE PEDICURE 50 mins., \$50
Step into luxury and relax from head to toe as you select your aromatherapy blend to begin this complete spa experience for your feet. Enjoy exfoliation, hydrating masks and massage. This service gives you more than pretty feet; heal, relax, escape from the bustle of busy life and step back out refreshed and rejuvenated.

SPECIALIZED SPA PEDICURES 50 mins., \$75
A complete sensory experience, gently breathe and relax the soul! Our signature pedicure is stepped up a notch with a spa treatment mask and your choice of antioxidant tea, coffee, smoothie or fresh squeezed juice with a selection of tasty spa treats.

COWBOY BOOGIE SPA PEDICURE

Get your feet dirty as this pedicure goes Texan with a mud mask and wrap in spa boots. Relieves muscle aches and arthritis pain.

DRENCH

Soy extracts and organic shea butter make for a meltaway massage and soft hydrated feet.

LAVENDER SPA PEDICURE

Warming and aromatic paraffin for deep rest and relief.

COOL RELIEF

Cool and refreshing; perfect if you are experiencing edema and swelling in the legs and ankles.

ROSEWOOD JOURNEY PEDICURE 80 mins., \$100
Select any of our spa pedicures and enjoy extended massage time and a paraffin or shea butter mask infusion for the hands.

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SENSE OF WELL-BEING

Healing Body Massage

CRESCENT SIGNATURE MASSAGE 50/80/110 mins., \$115/\$160/\$215

Traditional Swedish massage for relaxation and relief. Movements include gentle to firm pressure with long relaxing and rolling strokes using various light oils or creams. Swedish massage increases circulation and lymphatic flow, aiding the body in cleansing itself of toxins.

THERAPEUTIC MASSAGE 50/80 mins., \$125/\$175

Deep tissue massage is especially helpful to release back tightness, sore shoulders and sports-related aches and stiffness in overused muscles. Focusing on the deeper layers of muscle and connective tissue the massage therapist uses deep pressure along with controlled stretching. Therapeutic massage increases mobility, flexibility and vital energy which is helpful in healing and preventing injury.

HOTTER 'N TEXAS SUMMER ROCK MASSAGE 50 mins., \$125

Choreography of thermal river stones with massage relieves tension and stress. Hot stone massage is a specialty massage that combines the use of the stones with the therapists massage techniques. Our therapists also place the stones to radiate warmth and balance energy. This deeply relaxing and balancing massage is especially comforting in cold weather.

AROMATHERAPY MASSAGE 50/80 mins., \$125/\$175

Ease away the day's stresses and strains and bring body and mind into balance. Blends of essential oils help the body and senses to achieve maximum balance and well-being. Carefully applied pressure acts on the central nervous system while Swedish massage techniques support healthy circulation and soothe the body. Excellent to help you sleep, accelerate jet lag recovery and general well-being.

FUSION MASSAGE 80/110 mins., \$170/\$225

Bring mind, body and spirit back into balance fusing massage practices from East and West. This massage is available with selected therapists and features a variety of techniques that can include deep tissue, Thai, muscle release, myofascial release, energy balance, hot stone, traditional Swedish, shiatsu, abhyanga and other specialized or advanced techniques with your choice of aromatherapy oils.

STRESS RELEASE 25 mins., \$60

This massage is for those who work at their computers, carry too many burdens on their shoulders or just can't seem to stand up straight with all of today's pressures. When time doesn't allow for a full-body massage then enjoy a neck, back and shoulder massage for some quick relief.

REFLEXOLOGY 25 mins., \$55

Walk in balance. Pressure points on the feet, corresponding to specific energy zones throughout the body, are massaged to release blockage and relieve stress.

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SENSE OF WELL-BEING

Healing Body Massage

*MOMMY-TO-BE

50/80 mins., \$125/\$175

Beautiful Mommy to Be! We encourage expectant moms to embrace this time and keep their bodies well and relaxed. Extra supports and caution are used with a shea butter blend for glowing skin. This massage eases back tension, relieves water retention in the legs and calms the body, mind and spirit. Please consult your physician to discuss this treatment prior to booking your service. (*A doctor release is required to perform this treatment.)

SPICE IT UP MASSAGE FOR TWO

50/80 mins., \$270/\$370

Candlelight, aromatherapy and tea service or champagne enhance the experience of being together. Choose from a selection of spiced and exotic aromatherapy blends for a luxurious massage allowing deep relaxation, linking you in heart and mind. You will both have a dedicated therapist and may choose deep tissue or Swedish massage.

DUET MASSAGE 50/80 mins., \$ individually priced for each guests selected massage.

Perfect for friends, mothers and daughters or fathers and sons and a great way to introduce someone who is new to massages in a way that makes them feel comfortable. Two people are massaged in the same room, at the same time, by two different therapists. Choose from any massage on our service menu at the menu price. Duet massages are not available for 25-minute services.

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STIMULATE YOUR SENSES

Scrubs and Baths

Close the door on the world for a little while and sink into a scented hot bathtub.

Indulge in the perfect place where you can escape your worries and relax.

Everyone's body is different and an expert consultation at the beginning of your bath or scrub allows us to ensure the best product selection for achieving your goals.

RESTFUL SLEEP BATH

25 mins., \$55

Featuring a chamomile herbal bath or wildflower aromatic botanicals in thermal healing waters, this bath will calm and soothe dry skin, relax the body, while promoting a restful night's sleep.

THALASSO BATH

25 mins., \$55

A purifying sea bath with organic seaweed and soothing lavender designed for both men and women. This therapeutic bath is rich in minerals, vitamins and trace elements that nourish the body and stimulate circulation. The ideal complement for any detox, weight loss and firming programs, it will balance your body and clear your mind!

BODY POLISH

50 mins., \$120

Center yourself in this organic balancing body scrub. Exfoliating the skin, this dry cream scrub serves as a body mask. You will be soft to the touch from massaging action that invigorates and improves microcirculation for a radiant glow.

TURKISH BODY SCRUB

50 mins., \$120

Based on a unique salt crystal derived from a thermal mineral source, this invigorating and rigorous body scrub combines minerals and trace elements to help deep cleanse and mineralize the skin with the refreshing benefits of eucalyptus.

TEXAS CRUSH

50 mins., \$120

Your skin will love a refreshing grape-seed scrub that contains a strong dose of antioxidants and vitamins, protecting your skin from free radicals while exfoliating and improving the skin tone. Crushed cabernet grape-seed is applied to the body in a mixture of oils to enliven the skin cells and promote a silky texture.

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BODY SENSE

Natural elements from sea and earth in a series of practices including scrubs, baths, wraps and massage create a complete experience for the body. Using minerals, algae, rare muds and essential oils, these treatments reveal toned, glowing skin as well as revive your energy and melt away stress. Everyone's body is different and an expert consultation at the beginning of your treatment allows us to ensure the best product selection for achieving your goals. These services are booked with extra time for preparation and to ensure you get to your next service on time.

LAVENDER DREAMS 90 mins., \$175

Breathe deep; inhale the calming and balancing benefits of wild lavender in this completely rejuvenating spa experience. To begin, salt minerals are combined with lavender in an invigorating full-body exfoliation. Next, a lavender oil body massage and warm quartz stone pressure point massage will balance your senses and draw out toxins. As you drift away inside a warm cocoon, indulge in a scalp, neck and foot massage with healing stones and lavender oils. Emerge rested and alert with a calm mind.

CRESCENT KUR 90 mins., \$175

Experience a series of treatment rituals for total well-being and rest. Begin with a chamomile body scrub and a body cleansing leaving the skin refreshed and toned. Slip into a royal bath infused with herbal aromatherapy (wildflower, melissa or chamomile) nurturing and nourishing new glowing skin. A hydrating massage featuring the essential oil of your choice follows the bath.

THERMAL MINERAL KUR 90 mins., \$175

Based on the centuries-old European tradition of using medicinal mud, healing waters and light massage therapy, this treatment has a detoxifying and totally relaxing effect. Begin with a full-body brush to detox and invigorate the skin. Next you will be wrapped in smooth, silky organic Moor Mud to promote circulation, stimulate the immune system, relax muscle tension and relieve aches and pains. After a gentle rinse a bath rich in thermal minerals and aromatic botanicals is followed by a full-body mineral hydration.

BEACH BODY 90 mins., \$175

Purify the body of toxins and perhaps tone and firm a few inches off at the same time. Rich in antioxidants, seaweed absorbs ocean nutrients such as copper, iron, potassium, zinc, iodine and vitamins that are healthy for our bodies. An ocean salt scrub, seaweed wrap and organic ocean oil massage deliver improved firmness, healing results and relaxation. Beach body buff!

DRENCH BODY TREATMENT 90 mins., \$175

Drench is the ultimate spa retreat, featuring rich, healing and luxurious products. Starting with a full-body organic cream exfoliation and hydrating mask, you will become deeply relaxed. Then melt away during your massage with a customized blend of organic shea butter, natural oils and aromatherapy. (For an extreme spa experience, try out the Cachemire full-day package.)

Add 30 minutes for a bath or more massage to your Body Sense treatment for an additional \$50.

SPA RITUALS OF THE WORLD

ENGLISH GARDEN RITUAL

90 mins., \$175

Inspired by the lavish traditions of English ladies, this experience features Old World relaxation and pampering. Begin with a glass of rose water or sparkling wine in a room scented by rose candles, and relax in a bath rich in rose petals. This is followed by a soothing full-body massage with lymphatic pressure points. Finish with soft dusting brushes and a beautiful fragrant silk body powder.

TEXAS WINE AND WILDFLOWER BODY RITUAL

2 hours, \$210

Anti-oxidant grape-seed extract and the magic of chardonnay stimulate cell renewal and collagen production. Begin with a chardonnay sugar scrub to exfoliate and nourish the skin, preparing it for a purifying and healing mud mask. A warm mud application will detoxify and draw out impurities while you enjoy a stress-melting scalp massage. In warm candlelight, ease into a chardonnay bubble bath and sip a glass of chilled Texas Chardonnay. Your ritual is complete with a chardonnay body butter hydrating massage.

JAPANESE BLOSSOMS RITUAL

2 hours, \$210

Inspired by rituals for preparing a bride to be, Japanese Blossoms integrates the traditional ingredients of rice, jasmine, tumeric and botanical ingredients with floral scents. Beginning with a cleansing ritual, followed by an aromatic bath, these traditions release vital energy through the body. Melt away during a massage incorporating powerful oils extracted from fruits, nuts and berries. The body is left hydrated, warmed and detoxified.

ASIAN SPICE RITUAL

2 hours, \$210

This invigorating body scrub and massage is recommended to reduce the effects of jet lag or to generally decrease the feeling of tiredness, restoring mental and physical balance. The vigorous and stimulating scrub using fine grains of bamboo blended with sea algae and minerals will stimulate blood flow and reveal firm, toned and radiant skin. Finish with a full-body Asian spice aromatherapy massage, cranial massage and foot treatment.

AYURVEDIC RITUALS OF INDIA 2 1/2 hours, \$260; with Shirodhara 3 hours \$300

The Ayurvedic body experience is inspired by the healing arts of India. Your ritual begins with body brushing and herbal exfoliation, followed by a warm ayurvedic Abyanga massage. Next, a relaxing body wrap with scalp and foot massage will carry you away. You can choose to conclude this service with Shirodhara, the pouring of a warm oil over the forehead as a restorative and deeply relaxing therapy. Known to open the third eye, Shirodhara turns down the volume of the busy world and brings complete serenity. Alternatively, you can opt for extended time for your massage. This treatment is a journey for the mind, body and spirit, so an evening of quiet relaxation is recommended after this service.

Services that have a * require a full intake and release form completed and signed before the service.

Please arrive early so completion does not take away from your service time.

Prices and services are subject to change. An 18% gratuity will be added to all treatments.

JOURNEY TREATMENT PACKAGES

All packages include special spa pricing, gratuity, spa fare and time to enjoy steam, sauna and whirlpool.

INDULGENCE

4-5 hours, \$355

A wonderful introduction to The Spa, enjoy each of the essential spa treatments.

*Signature Facial ~ Signature Massage ~ Rosewood Spa Manicure ~ Signature Pedicure
Spa Lunch*

PERSONAL DAY

Take the day \$415

Take the time you need to recover and restore with a day at The Spa. Enjoy full use of the fitness center and a private Pilates, yoga or personal training session. We will schedule the day to ensure you have time to enjoy the steam, sauna and whirlpool before, after or during your schedule of spa services. This personal health day includes an aromatherapy massage, oxygen facial, spa lunch at your leisure, and finally a perfecting manicure.

*Fitness ~ Private Training ~ Aromatherapy Massage ~ Crescent Signature Facial
Rosewood Spa Manicure ~ Spa Lunch*

CACHEMIRE

5-6 hours, \$530

Smooth, beautiful, relaxing, luscious and green are the best adjectives for this spa package. Drench in an organic cream scrub and mask, immerse in a royal wildflower bath and melt away with a rich shea butter massage. After a spa lunch, reveal your true beauty and glow with an Oxygen Radiance Facial, then enjoy an organic and aromatic pedicure.

*Body Polish ~ Wildflower Bath ~ Crescent Signature Massage
Crescent Oxygen Radiance Facial ~ Journey Pedicure ~ Lunch with Sparkling Wine*

TEXAS SPA DAY

7-8 hours, \$720

Everything is bigger in Texas...including spa days. This treatment is a true playground for the senses. Remember how fun it is to just enjoy life and try new things.

*Texas Crush Scrub ~ Margarita Bath ~ Hotter n' Texas Rock Massage
Cowboy Boogie Pedicure ~ Rosewood Spa Manicure ~ Rosewood Complete Facial
Spa Lunch*

OCEAN BODY CONTOUR

3 hours, \$320, series of 6 \$1400

This thalasso therapy is ideal for slimming, firming, detox and relaxation that targets glutes and thighs. Unwind in a purifying sea bath with organic seaweed and lavender. Next, a body brushing stimulates the lymphatic system, followed by a salt scrub to enhance your circulation. Your skin is now prepared to absorb the benefits of a calcium-rich white algae body mask that helps combat water retention. Melt away tension and cellulite with a full-body massage using friction and deep tissue techniques to break up stored toxins in target areas. A great complement to any weight loss program! For optimal results, the Ocean Body Contour is best done in a series of six and includes a take-home bath program.

*Thalasso Bath ~ Body Brushing ~ Sea Salt Exfoliation ~ Seaweed Algae Wrap
Body Toning Massage ~ Spa Juice or Smoothie*

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CELEBRATIONS

BELLA BRIDE 7 hours, \$600
Brides can enjoy a full day of beauty. Be treated like a queen, feel like a princess and dance the night away as the belle of the ball.

*Japanese Blossoms Ritual ~ Oxygen Radiance Facial ~ Rosewood Spa Manicure
Rosewood Journey Pedicure ~ Brides Mineral Makeup Application ~ Lunch ~ Sparkling Wine*

***BABY MOMMA** 5 hours, \$385
Beautiful Mommy-to-Be, you have the glow and that perfect figure, but soon you won't have time. Give yourself a breather with a prenatal massage and Fresh Face Facial. Restore your feet with a drench or cool gel pedicure, Rosewood Spa Manicure and a perfect finish mineral makeup.

*Pregnancy Massage ~ Fresh Facial ~ Drench or Cool Relief Pedicure
Rosewood Spa Manicure ~ Mineral Makeup Finish ~ Spa Lunch*

GENTLEMEN'S RETREAT 2.5 hours, \$320
Immerse yourself in our three most popular services for men beginning with an invigorating Turkish scrub followed by a therapeutic massage and last, with a deep pore cleansing facial. Then enjoy your choice of smoothie or juice from The Spa Café menu.

Turkish Body Scrub ~ Therapeutic Massage ~ Fresh Facial ~ Smoothie or Juice

SPA GETAWAY FOR TWO 3 hours, \$510
Quiet time for rest and relaxation is even more special when you share it with someone you love. Celebrate romance with side-by-side Spice it Up massages, chocolate strawberries and sparkling wine or tea service for two, Rosewood Spa Manicures and your choice of Crescent Spa Pedicures.

*Spice it Up Massage ~ Crescent Signature Manicures ~ Crescent Spa Pedicures
Chocolate Strawberries and Sparkling Wine or Tea*

SPA PARTIES
The Spa at The Crescent is a perfect environment for spa parties and gatherings. With over 20 treatment rooms, lounge areas and The Spa Café we can host spa parties for all occasions. If you are planning one or more services for six or more guests we will provide a group coordinator to plan your event and coordinate your day. Call The Spa at 214.953.4366 for a complimentary consultation with a Spa Group Coordinator.

*Bridal Parties
Groom's Packages
Baby or Bridal Showers
Birthday Celebrations
Employee/Client Appreciation
Team Building*

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SENSE OF WONDER
TEEN AND TWEEN SPA MENU (AGES 8-14)

As parents we want to teach our children to care for themselves. Security with their body and mind improves self-confidence and performance. While spa treatments may be more than the parents ordered, there are a few small services perfect for any young girl.

Children must be accompanied by an adult for spa services.

*IN BLOOM FACIAL 25 mins., \$50

An introduction to skin care, this facial includes deep cleansing, gentle exfoliation and a hydrating massage. This introduction to skin care is your tween's first step to healthy looking skin and good skin care habits.

*PETALS PEDICURE AND MANICURE 50 mins., \$50

Aromatic foot soak, gentle exfoliation and massage with all of the grooming to begin a lifetime of pretty hands and feet. Includes flowers or gems with their choice of lacquer, as long as mom approves.

*BREEZE MASSAGE 25 mins., \$50

It can be stressful keeping up with school, fashion and the latest technology. A 25-minute aromatherapy massage can restore balance and confidence. (Must be accompanied by a parent during this service.)

*PASTELS MAKEUP 25 mins., \$25

Soft, natural and pretty, we guide young ladies to use simple color for shine, glow and a natural look appropriate for all occasions.

*LAZY DAY SPA PACKAGE (Available Sunday-Thursday only) 2 ½ hours, \$155

Enjoy a spa day from our Tween menu for a facial, massage, lunch, manicure and pedicure and makeup.

TWEEN PARTIES

Throwing the perfect spa party for your tween daughter will create wonderful memories. Spa parties are a great way to spend quiet time with friends and inspire good self esteem and personal habits. Complete with spa party favors, we can host the perfect spa party for small groups of girls weekday evenings and Sunday afternoons. Call The Spa at 214.953.4366 to assist with your party planning.

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ESSENTIAL SKIN CARE

Crescent Signature Facial	50 mins.	\$125
*Advanced Care Facial	50/80 mins.	\$155/\$210
*Ultimate Skin Care	50/80 mins.	\$185/\$255
*Rosewood Complete Facial	80/110 mins.	\$325/\$400
Fresh Facial	25 mins.	\$65
Skin Boosters Facial Service add-ons		\$25+
Back to Back	50/80 mins.	\$155-\$185/\$210-\$255
*Waxing		\$15-105
Brow Raiser Eye Lift	25 mins.	\$70

ESSENTIAL BEAUTY

Tanning Treatments		
Sun Spa	50 mins.	\$125
Sun Tan	25 mins.	\$60
Mineral Makeup		
Lesson	90 mins.	\$85
Special Occasion Full Makeup	50 mins.	\$65
Mineral Finish	25 mins.	\$35

SENSE OF TOUCH – SERVICES FOR HANDS AND FEET

Crescent Signature Manicure	25 mins.	\$35
Rosewood Spa Manicure	50 mins.	\$50
Crescent Signature Pedicure	50 mins.	\$50
Specialized Spa Pedicure	50 mins.	\$75
Cowboy Boogie		
Drench		
Lavender		
Cool Relief		
Rosewood Journey Pedicure	80 mins.	\$100
Polish Change		\$25

SENSE OF WELL-BEING – HEALING BODY WORK

Crescent Signature Massage	50/80/110 mins.	\$115/\$160/\$215
Therapeutic Massage	50/80 mins.	\$125/\$175
Hotter 'n Texas Summer Rock Massage	50 mins.	\$125
Aromatherapy Massage	50/80 mins.	\$125/\$175
Fusion Massage	80/110 mins.	\$170/\$225
Stress Release	25 mins.	\$60
Reflexology	25 mins.	\$55
*Mommy-To-Be	50/80 mins.	\$125/\$175
Spice It Up Massage For Two	50/80 mins.	\$270/\$370
Duet Massage	50/80 mins.	\$individually priced for each guest's selected massage.

Services that have a * require a full intake and release form completed and signed before the service.
Please arrive early so completion does not take away from your service time.

Prices and services are subject to change. An 18% gratuity will be added to all treatments.

STIMULATE YOUR SENSES – SCRUBS AND BATHS

Restful Sleep Bath	25 mins.	\$55
Thalasso Bath	25 mins.	\$55
Body Polish	50 mins.	\$120
Turkish Body Scrub	50 mins.	\$120
Texas Crush	50 mins.	\$120

BODY SENSE

Lavender Dreams	90 mins.	\$175
Crescent Kur	90 mins.	\$175
Thermal Mineral Kur	90 mins.	\$175
Beach Body	90 mins.	\$175
Drench Body Treatment	90 mins.	\$175
A bath or more massage	30 min.	\$50

SPA RITUALS OF THE WORLD

English Garden Ritual	90 mins.	\$175
Texas Wine and Wildflower Body Ritual	2 hours	\$210
Japanese Blossoms Ritual	2 hours	\$210
Asian Spice Ritual	2 hours	\$210
Ayurvedic Rituals of India	2 ½ hours	\$260
with Shirodhara	3 hours	\$300

JOURNEY – TREATMENT PACKAGES

Indulgence	4-5 hours	\$355
Personal Day	Take the day	\$415
Cachemire	5-6 hours	\$530
Texas Spa Day	7-8 hours	\$720
Ocean Body Contour	3 hours	\$320
		series of 6 \$1400

CELEBRATIONS

Bella Bride	7 hours	\$600
*Baby Momma	5 hours	\$385
Gentlemen's Retreat	2 ½ hours	\$320
Spa Getaway for Two	3 hours	\$510
Spa Parties (bookings for groups of all sizes available, contact spa group coordinator)		

SENSE OF WONDER - TEEN AND TWEEN SPA MENU (AGES 8-14)

*In Bloom Facial	25 mins.	\$50
*Petals Pedicure and Manicure	50 mins.	\$50
*Breeze Massage	25 mins.	\$50
*Pastels Makeup	25 mins.	\$25
*Lazy Day Spa Package	2 ½ hours	\$155

Services that have a * require a full intake and release form completed and signed before the service.
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Prices and services are subject to change. An 18% gratuity will be added to all treatments.

COMMONLY ASKED QUESTIONS

Q: How early should I arrive for my treatment?

A: Arrive a minimum of 30 minutes prior to your scheduled treatment time to register and prepare for your services. Also take time to enjoy spa amenities including whirlpool, sauna and steam. Arriving late can result in an abbreviation of your service time; your service will end as scheduled to accommodate the next guest

Q: How long should my hair be before a wax?

A: You must refrain from shaving for a minimum of two weeks prior to a waxing to ensure hair is approximately 1/4 inch long.

Q: If I am running late, or cannot make it, can I cancel at any time?

A: The Spa at The Crescent does have a 24-hour cancellation policy on the services (48 hours for packages). If you are running late and we can accommodate you on the same day, we will. If not, we will do our best to complete your services in the time remaining when you arrive.

Q: What if I am pregnant?

A: Prenatal services do not use deep pressure and avoid any services that raise the body temperature above normal. You should contact your physician prior to having spa services. Please inform our spa reservations agent upon scheduling your appointments so that we may provide specially trained therapists and pregnancy pillows.

Q: Do I have to disrobe entirely for my spa treatments?

A: Most do, however you may undress to your comfort level. Please keep in mind that our therapists are trained to appropriately drape you with sheets and towels for privacy.

Q: Can I ask my therapist to make adjustments for my comfort?

A: Please do. This is your treatment. Communicate with your therapist regarding pressure or technique. We value your feedback. At the time of your booking, discuss with the reservations agent your preference for a gentle, moderate or deep massage.

Q: Can my children join me for spa services?

A: For their safety, children under 8 years of age are not permitted in The Spa. We do offer select services for children ages 8-13 on our Tween menu. Our regular service menu is available for guests ages 14 and up. Guests under 17 years of age must be accompanied by an adult.



ROSEWOOD CRESCENT HOTEL

DALLAS

Four Hundred Crescent Court, Dallas (at Maple & Cedar Springs)

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